

# Self-Advocacy

Aimee Roque last update: 2022



	<p>2022 <a href="#">Okanagan Self-Advocate Group</a> Monthly FREE ZOOM presentations</p>
	<p><a href="http://SelfAdvocateNet.com">SelfAdvocateNet.com</a></p>
	<p><a href="#">PEOPLE FIRST OF CANADA</a></p>
	<p><a href="#">Self-Advocacy groups in Canada - LIST</a></p>

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	<a href="#">Ask an Advocate</a>
	<a href="#">Mission Self Advocacy Group</a>
	<a href="#">BC People First</a>
	<a href="#">SALN - Self Advocate Leadership Network Society</a>
	<a href="#">Self-Advocacy Resource and Technical Assistance Center</a>

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	<a href="#">Inclusion Canada</a>
	<a href="#">Inclusion BC</a>
	<a href="#">Here are FIVE IDEAS to get you started</a>
	<a href="#">Self-Advocacy 101</a>
	<a href="#">Self-Advocacy Training – How to be a great Self-Advocate!</a>